



PARKINSON ASSOCIATION of Northern California

BUILDING COMMUNITY FOR THE JOURNEY

PANC 2021 Education Conference -- Saturday, October 23, 2021 AGENDA

Registration, Sponsors and Exhibits Open 8:30 am Conference 9:30 am - 2:30 pm
@the Grounds. Placer County, 700 Event Center Drive, Junction Blvd, Roseville, CA 95678

- 8:30 am Check In, Refreshments, Sponsors and Exhibitors Open
- 9:30 am Welcome - Sean Tracy, Parkinson Association of Northern California, Board President (10 Min)
- 9:40 am “The Prodrome of PD”, Kathleen Poston, MD, MS The Stanford University Medical Center (30 Min)
- 10:10 am Keynote Speaker “Changing Course”, Jimmy Choi, PD Advocate, American Ninja Warrior, 2x Guinness World Record Holder (45 Min)
- 10:55 am Break
- 11: 10 am Movement Break! Kevin Quinn, Rock Steady Boxing WarriorFit (15 Min)
- 11:25 am “Rewriting your Future”, Ehsan Hadi, MD, Mercy/Dignity Health, Norika Malhado-Chang, MD, UC Davis (30 Min)
- 11:55 am Lunch - Sponsors and Exhibitors Open (50 Min)
- 12:45 pm California Parkinson’s Disease Registry Update, Mark Damesyn, MPH, DrPH, Director, California Parkinson’s Disease Registry (10 Min)
- 12:55 pm Expert Panel: Tackling Tough Situations (40 Min)
Moderators: Nicklesh Thakur, DO, Neurologist, Sutter Health
 Suketu Khandhar, MD, Kaiser Permanente
- Panelists:
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| Movement Disorder Specialist | Steven Nakano, MD, Sutter Health |
| Movement Disorder PA/ Acupuncturist | Marc Fierro PA, Sutter Health |
| Neuropsychologist | Linda Trettin, PhD, Mercy/Dignity Health |
| Social Worker | Lisa Mooney, MSW, LCSW, UC Davis |
| Physical Therapist | Sarah Pinasco, PT, Kaiser |
| Care Partner | Cherryl Choi |
- 1:35 pm Movement Break! Dance for Parkinson’s, Dr. Diviya Kaul and Krupa Trivedi P.T., Kaiser Permanente, Walnut Creek (10 Minutes)
- 1:45 pm Expert Panel: Audience Questions (45 minutes)
- 2:30 pm Program Concludes
- 3:00 pm Sponsors and Exhibitors Close

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